



Nutrition, Health and NCDs in the Pacific

Ministerial Meeting – Food Security and Climate Change Adaptation in SIDS

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The 'Blue Continent'





Many Challenges – Some new, some old

- Climate change
- Food insecurity
- NCDs



The Burden of NCDs in the Pacific



Overweight

Ranking	Country	Prevalence
1	American Samoa	94
2	FSM	92
3	Cook Is	92
4	Tonga	92
5	Samoa	89
6	Tokelau	87
7	Niue	84
8	Tuvalu	83
9	Nauru	82
10	Palau	77

Diabetes

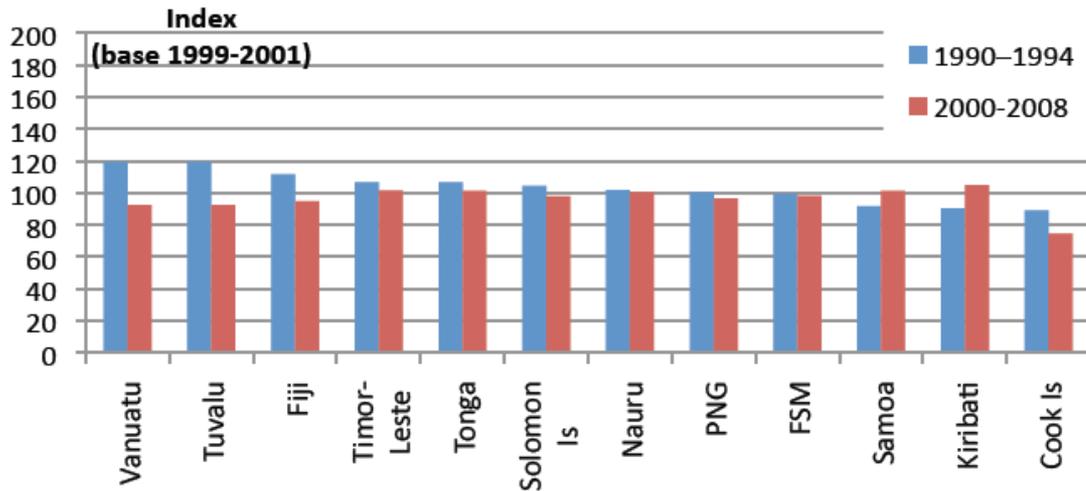
Ranking	Country	Prevalence
1	Samoa	49
2	American Samoa	47
3	Tokelau	38
4	Niue	38
5	FSM	35
6	Marshall	35
7	Tonga	34
8	Kiribati	29
9	Cook Is	26
10	Vanuatu	24

60 – 80% of deaths attributable to Non Communicable Diseases

Food Production

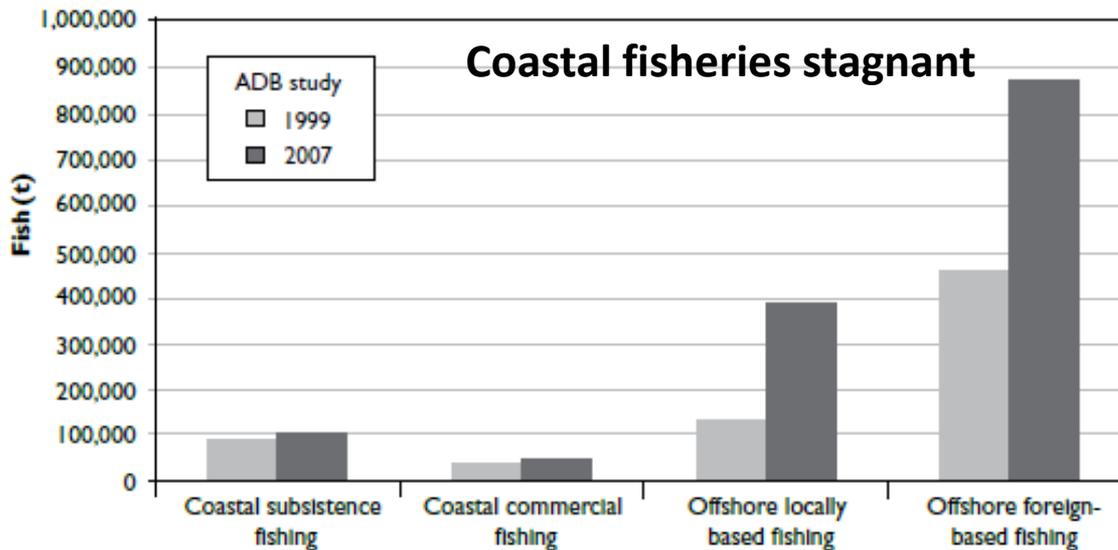


Net food production per capita

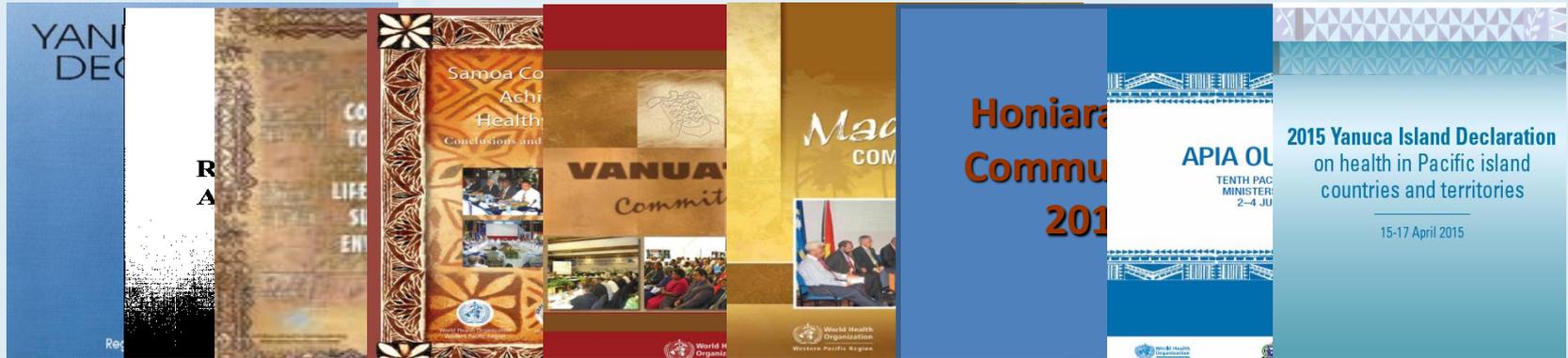


Per capita crop production has been falling in nearly all Pacific countries over the past decade

Coastal fisheries stagnant



There is no shortage of Declarations Leadership is critical to guide action



Multi-sectoral approach - Pacific NCD Roadmap



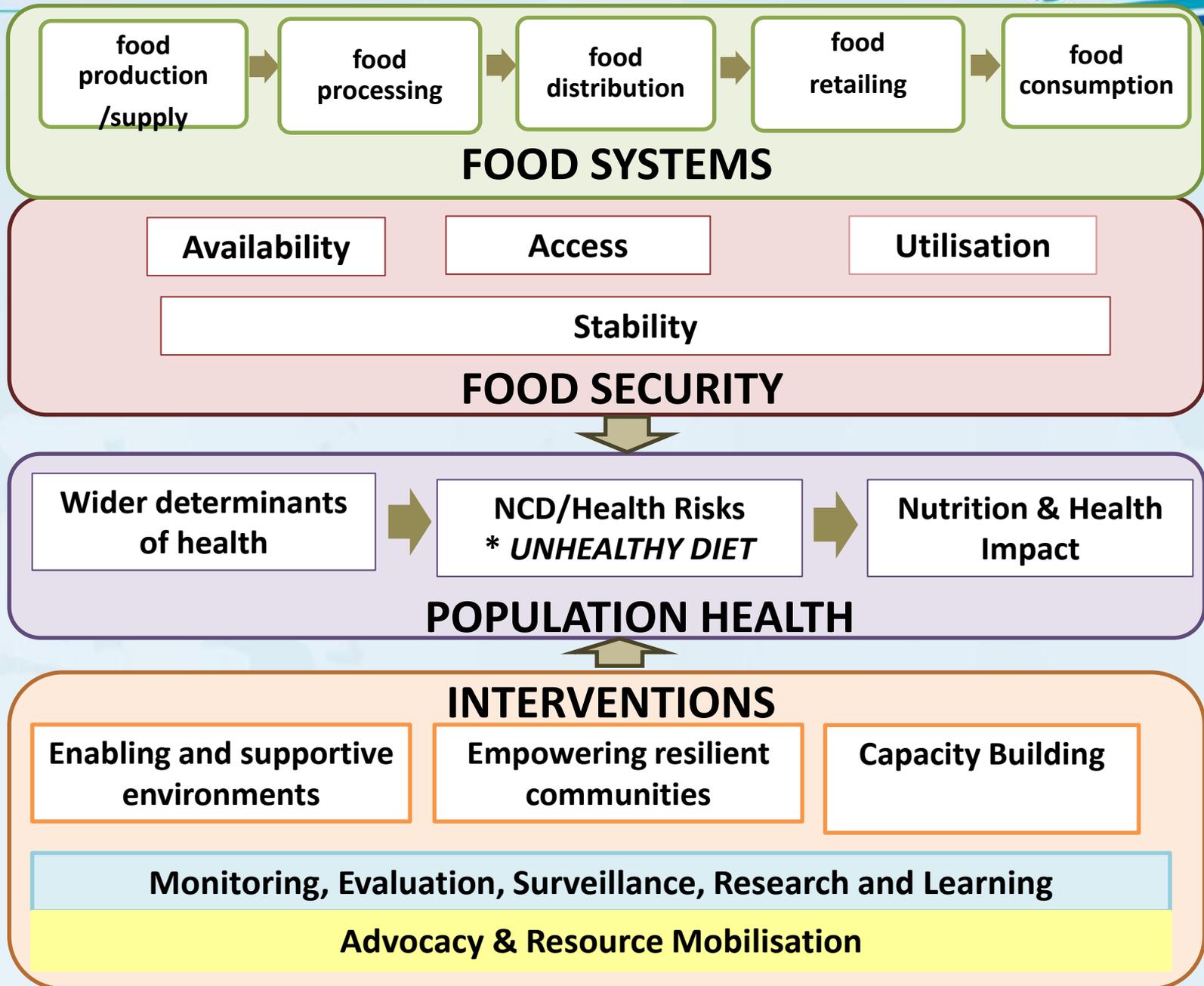
- Strengthen tobacco control
- ***Reduce consumption of food and drink products directly linked to obesity, heart disease and diabetes***
- Improved efficiency and impact of existing healthy dollar
- Strengthening evidence base for better investment planning and program effectiveness

NCD ROADMAP REPORT

Noncommunicable diseases impose large – but often preventable – health, social and economic costs in the Pacific Islands. This report provides a suggested Roadmap for a multi-sectoral approach for a country and regional response to the NCD Crisis in the Pacific.

A background document on preventing and controlling NCDs in the Pacific, circulated June 2014 for consideration by the Joint Forum Economic and Pacific Health Ministers' Meeting, July 2014.

Integrated NCDs and Food Security Approach



Closer Stakeholder Collaboration



Pacific NCD Network

The Pacific NCD Network fosters collaboration and partnership between stakeholders involved in NCD prevention in the Pacific www.pacificncdnetwork.org



PACIFIC NCD NETWORK

A MULTI-SECTOR APPROACH TO PREVENT AND CONTROL NCDs

HOME	REGIONAL MEETINGS	PACIFIC NCD PARTNERSHIP	PACIFIC NCD ROADMAP	PACIFIC MANA	USEFUL LINKS	CONTACT
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Is change possible – YES



Samoa data 2002 vs 2013

Results for adults aged 25-64 years	2002	2013
Percentage who currently smoke tobacco	40%	27%
Percentage who drank in the past 12 months	29%	17%
Percentage with low levels of activity (defined as < 600 MET-minutes per week)*	49%	20%
Median time spent in physical activity on average per day (minutes) (presented with inter-quartile range)	35	120
Percentage not engaging in vigorous activity	64%	45%

Is change possible – YES



Tonga data 2002 vs 2013

Results for adults aged 25-64 years	2004	2012
Low fruit and vegetable consumption	92%	71%
Percentage with low levels of activity	44%	28%
Alcohol consumption	9%	6%
Combined high NCDs risk factors (with 3-5 risk factors)	61%	57%

Summary



1. The burden is clear
2. There is enough evidence of interventions that work
3. Leadership is critical
4. Multi-sectoral collaboration is necessary
5. Integration to become a reality rather than an idea
6. Getting positive results is possible



